



Wood Violet

MENTAL HEALTH PROGRAM

Complete mental health program
in the hills of a Midwest town



WOOD VIOLET MENTAL HEALTH PROGRAM

Wood Violet offers a serene and restorative setting for healing. Situated in the heart of Iowa County, our location showcases the beauty of all four seasons through its rolling hills and scenic landscapes.

Wood Violet is a fully-integrated treatment facility, offering personalized and comprehensive treatment plans tailored to meet the unique needs of each client.

Our comprehensive treatment services are delivered by a dedicated team of skilled and compassionate professionals, including physicians, therapists, and support staff.

OUR TREATMENT PROGRAMS

We understand the intricate nature of mental health and the unique challenges individuals face. Our mission is to provide a comprehensive range of services to support individuals on their journey to mental health renewal.

DISORDERS WE TREAT

Your path to mental health renewal at Wood Violet starts with our compassionate team, here to guide you through every step of your journey. Our comprehensive approach ensures that you receive the support you need providing individualized and alternative paths for self-discovery and healing.

- Anxiety Disorders
- Bipolar Disorder
- PTSD (Post-Traumatic Stress Disorder)
- Co-Dependency
- Major Depressive Disorders
- Mood Disorders
- Co-Occurring Disorders
- Complex Trauma

TREATMENT APPROACHES

- Individual Therapy
- Group Therapy
- Family Therapy
- Experiential Therapies
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Motivational Interviewing (MI)

Wood Violet also offers:

- Yoga
- Meditation



OUR FACILITY & LOCATION

Wood Violet is located near a charming downtown area, surrounded by local restaurants, bakeries, and unique small-town shops. The historic Dodgeville movie theater, which first opened in the 1930s, still screens the latest films. Nearby, you'll find the House on the Rock, a truly one-of-a-kind attraction showcasing extraordinary and eclectic collections that captivate visitors from all over.

The beautiful campus of Wood Violet offers many features and amenities, including:

- Structured living environments designed to support mental health
- Comfortable rooms with individual climate control
- Peaceful relaxation areas, including outdoor walking paths
- Expansive outdoor spaces to connect with nature
- On-site fitness center and sports facilities
- Indoor and outdoor swimming pools
- Chef-prepared meals and snacks
- Sand volleyball courts
- Organized group activities such as Sunday hikes, bowling, movies, kickball, and volleyball
- Convenient vending machines
- Extended visiting hours on Sundays
- Hair and Nails Services*
- Massage and Chiropractic Services*

**Available at an additional charge*

TREATMENT TEAM

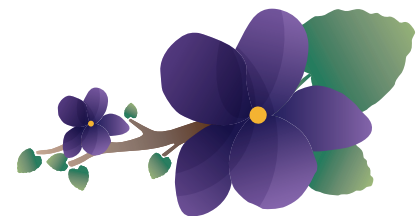
The Wood Violet team collaborates closely with each individual to deliver a personalized treatment plan tailored to their mental health journey. Our licensed staff are available 24/7 to provide essential support during the critical withdrawal management process.

Our multi-disciplinary clinical team includes:

- Psychiatrists, Physician's Assistants and Nurse Practitioners
- Nurses
- Licensed Certified Counselors and Therapists
- Behavioral Health Technicians
- Case Managers

The support staff includes:

- Housekeeping and Maintenance Personnel
- Transportation Crew



Wood Violet
RECOVERY

CONTACT US TODAY

For admissions or
insurance verification, contact:
Admissions: 877-618-9796
Online: **woodvioletrecovery.com**

Corporate Office:
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For more information, visit us online:
woodvioletrecovery.com

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